

# Free Spirit T·O·U·R·S

## CORPORATE TEAM BUILDING



[www.freespirit-tours.com](http://www.freespirit-tours.com) • email: [outwardr@hotmail.com](mailto:outwardr@hotmail.com)

(519) 599-2268 • (705) 444-3622

Box 376, Collingwood, ON L9Y 3Z7

# CORPORATE TEAM BUILDING

## Mini Olympics

The Mini Olympics packages are very diverse. Whether you are looking to build team spirit or just burn off some energy between meetings, we have challenges for your group. You will have the option of traditional sports (like Basketball or Volleyball) or non traditional sports (like Brain Teasers or Sumo Wrestling).

## Survivor Challenge

If your group likes the reality show Survivor then they might want to try these team initiatives. You may be asked to start a fire, build a shelter, find water or a combination of several tasks. If your team is able to “Out Wit, Out Last, Out Play”, they may be the winners of the Survivor Challenge.

## Amazing Race

If you are a high energy group looking for a fun challenge we have the activity for you! You will be required to work in teams looking for check points by bike, foot and/or boat. We will help you find out just how much mental and physical endurance your group has.

## Mission Impossible

Using a computer interface, your team will be sent on a number of different “Missions”. To complete these missions the teams will be required to solve riddles, unlock secret boxes and put together clues. The quickest team to complete all of the missions will be the winning team.

## Apprentice

Your team will be given three scenario options, “Create” a commercial, “Sell” a product or “Develop” a new product or service. The team that has the most creative idea or successful sales is the winning team.

## Indoor/Outdoor Prices

**1-3 Hours \$35 – \$45 person**

*Note: The above package prices are not final; depending on which activity your group chooses, there may be extra program costs.*

**Program Price \$35 - \$45 / Person (1-3 Hours )**

*Note: The above package prices are not final; depending on which activity your group chooses, there may be extra program costs.*

Phone: 705-444-3622 E-mail: [outwardr@hotmail.com](mailto:outwardr@hotmail.com) Web: [www.freespirit-tours.com](http://www.freespirit-tours.com)

Box 376, Collingwood, Ontario L9Y 3Z7

**Free Spirit  
T·O·U·R·S**

# CORPORATE TEAM BUILDING



## High and Low Ropes

Do you remember playing on the jungle gym as a child? This activity is similar but you are now attached with a harness and ropes. These activities will test your team both mentally and physically.

## Rock Climbing

The climbing takes place along the impressive limestone rock of the Niagara Escarpment, in an area known as Metcalfe Rock. With heights ranging from 25 - 60 feet, the climbs are fun and accommodate all levels from beginner to advanced climbers.

## Canoeing or Kayaking

The Beaver River is a peaceful slow moving water way, ideal for all ages and abilities. Your group will be taught different paddle strokes to control the boat as well as river safety. This knowledge will prepare you for future water challenges.

## Caving

Join us as we explore some of the unique crevices and caves formed along the Niagara Escarpment. This is a great team building activity as each person has to guide the person behind them - we go in single file! It's just like being a kid again - investigating places where few go!

## Scenic Caves Eco Tour Challenge

Once you have your full body harness on you will clip into two cables and walk through the tree tops, with incredible views of the Niagara Escarpment and Georgian Bay. Brain teasers may have to be solved along the way, to add to the team building challenge.

## Outdoor Program Prices

**2-3 Hours \$75.00/person (\$95.00/person with transportation)**

**4-5 Hours \$95.00/person (\$115.00/person with transportation)**

*Note: The above package prices are not final; depending on which activity your group chooses, there may be extra program costs.*

**Program Price \$65.00 - \$95.00/person (1 - 3 hours)**

*Note: The above package prices are not final; depending on which activity your group chooses, there may be extra program costs.*

Phone: 705-444-3622 E-mail: [outwardr@hotmail.com](mailto:outwardr@hotmail.com) Web: [www.freespirit-tours.com](http://www.freespirit-tours.com)

Box 376, Collingwood, Ontario L9Y 3Z7

**Free Spirit  
T.O.U.R.S**